

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p>8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Low Impact Aerobics-RSF 10:15am Breathe, Stretch & Relax-PA 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am H.I.I.T. Cardio Body Blast-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 3:45pm Fit Body Circuit-PA 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Muscle Ignite-PA 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Everybody Steps-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am IGNITE! Cardio H.I.I.T. Party-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg. Balance Training-PA 6pm Power Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF 7pm Muscle Conditioning-RSF</p>	<p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.)(1/3 & 1/31)-PA* 2pm-4pm Open Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.)(1/3 & 1/31)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive! Chair Exercise-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm Power Trip-PA 2pm-6pm Table Tennis (Open Play)-RSF</p>	<p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11:15am Tai Chi-RSF 12:30pm Everybody Steps-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p>

*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>		<p>1</p> <p>New Year's Day</p> <p>Admin & Lifestyles Closed. RSF & The Palms Open 12pm. Fitness Classes Cancelled. The Grille & Bistro Open 11am.</p> <p>8am Sol. Jogging-FP 10am Ceramics-CR 10am La Fe (The Faith) Christian Social Club-RSF2 10am Watercolor-AR 1pm Watercolor-AR 2pm Bunco-RSF2 5pm SoulaVita Line Dancers-PA 6pm Big Money Bingo-ST</p>	<p>2</p> <p>Lifestyles Closed</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Yarners-MSB 11am Men's Softball Clinic-FP 11am Sculpture-CR 4pm, 5pm & 6pm Greeting Cards-CR</p>	<p>3</p> <p>Main Tickets Sales</p> <p>9am Main Ticket Sales-ST 9am Sculpture-CR 10am TOPS in Solivita-MSB 11:45am Parkinson's Support Group-RSF2 7pm Movie Night: <i>The Spy Who Dumped Me</i>-ST</p>	<p>4</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR</p>	<p>5</p> <p>8am Solivita Cyclists-FP 9am Solivita Shuffleboard-FP 10:30am Disney Cast Members Meeting-PA 12:30pm Beginner Calligraphy-MG</p>
<p>6</p> <p>1pm Solivita Singles Club-RSF2 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF</p>	<p>7</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am Sol Writers-RSF2 11am Daisy's TX Canasta-BP 1pm ECWC Women's Bible Study-LV 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 5pm Solivita Starliters-ST 6:45pm Ladies Poker-MSA 7pm Trivia-MO</p>	<p>8</p> <p>8am Sol. Jogging-FP 9am Introductory Mobile Photography-RSF2 10am Ceramics-CR 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-PA 11am Solivita University - Great Decisions: <i>Refugees & Global Migration</i>-GTR 11am Wellness Lecture: <i>Switch & Ditch</i> with RSM-PA 12:30pm CAP-RSF2 3pm Holistic Horizons-MSB 3pm Seniors for Safe Schools & Communities-RSF2 4pm Solivita Starliters-PA 5pm SoulaVita Line Dancers-PA 7pm Solivita Fishing-MSB</p>	<p>9</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Wellness Lecture: <i>Smart Food Choices for Healthy Aging</i> with Chefs for Seniors-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: <i>Living with Pets in FL</i> with Bellalago Veterinary Hospital-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 5pm Solivita Club & Business Expo-ST 6:45pm Euchre-MSB</p>	<p>10</p> <p>9am Sculpture-CR 11:45am Doctors on DVD with Brain & Body Solutions-RSF2 11:45am Solivita University: <i>Regain Your Brain</i>-RSF2 7pm Movie Night: <i>Christopher Robin</i>-ST</p>	<p>11</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 10am Resident to Resident Resource Center Workshop: <i>Positive Approaches to Facing Life's Challenges</i>-PA 11am Canasta-MSB 12pm Oh Scrap!-CR 5pm Neil Diamond Tribute Show-ST 5:30pm Dinner Before Neil Diamond Tribute Show-MO 7pm Dinner After Neil Diamond Tribute Show-AR 7:30pm Neil Diamond Tribute Show-ST</p>	<p>12</p> <p>8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10am Solivita University: <i>The Fundamentals of Improv</i>-CR 12:30pm Beginners Calligraphy-MG</p>
<p>13</p> <p>2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF</p>	<p>14</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 11am Daisy's TX Canasta-VP 1pm ECWC Women's Bible Study-LV 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4pm Solivita Starliters-PA 6:45pm Ladies Poker-MSA 7pm Trivia-MO</p>	<p>15</p> <p>8am Sol. Jogging-FP 8:30am Solivita University: <i>Beginners Conversational Spanish</i>-GTR 9am Introductory Mobile Photography-RSF2 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-PA 1pm Solivita University - Art Lecture: <i>Artists of Estrangement</i>-ST 2pm Bunco-RSF2 4pm Solivita Starliters-PA 5pm SoulaVita Line Dancers-PA 6:30pm Sol. Sorcerers-MSB</p>	<p>16</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9:30am Solivita University: <i>Multi-Generational Communication</i>-GTR 10am Wellness Lecture: <i>Dental Health</i> with Thurston Comprehensive Dental-RSF2 10am Yarners-MSB 10:45am Sol. Uni.: <i>Beginners Conversational Spanish</i>-MSA 11am Men's Softball Clinic-FP 11am Sculpture-CR 2pm Wellness Lecture: <i>Inflammation, Aches & Pains</i> with ART-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO</p>	<p>17</p> <p>9am Sculpture-CR 9am Solivita University: <i>Continuing Conversational Spanish</i>-MSA 11:45am Doctors on DVD with Brain & Body Solutions-RSF2 11:45am Solivita University: <i>Regain Your Brain</i>-RSF2 7pm Movie Night: <i>Crazy Rich Asians</i>-ST</p>	<p>18</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Floralawn Coffee Talk-ST 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 7pm Mosaics Fine Dine Nite-MO</p>	<p>19</p> <p>8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10am Solivita University: <i>The Fundamentals of Improv</i>-CR 12:30pm Beginners Calligraphy-MG 1pm Solivita University: <i>Whirlwind Bridge</i>-GTR</p>
<p>20</p> <p>2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Big Money Bingo-ST</p>	<p>21</p> <p>Martin Luther King Jr. Day</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 10am Sol Writers-RSF2 11am Daisy's TX Canasta-VP 1pm ECWC Women's Bible Study-LV 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 5pm Solivita Starliters-ST 6:30pm Genealogy-RSF2 6:45pm Ladies Poker-MSA 7pm Trivia-MO 7pm Veterans Club Board Meeting-CR</p>	<p>22</p> <p>8am Sol. Jogging-FP 8:30am Solivita University: <i>Beginners Conversational Spanish</i>-GTR 9am Introductory Mobile Photography-RSF2 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-PA 3pm Holistic Horizons-MSB 4pm Solivita Starliters-PA 5pm SoulaVita Line Dancers-PA</p>	<p>23</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9:30am Solivita University: <i>Multi-Generational Communication</i>-GTR 10am Wellness Lecture: <i>Hypertension</i> with Poinciana Medical Center-RSF2 10am Yarners-MSB 10:45am Sol. Uni.: <i>Beginners Conversational Spanish</i>-MSA 11am Sculpture-CR 2pm Wellness Lecture: <i>Estate Planning</i> with Henderson Sachs-RSF2 4pm Solivita University - Great Decisions: <i>Refugees & Global Migration</i>-PA 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:15pm Veterans Club-ST 6:45pm Euchre-MSB</p>	<p>24</p> <p>9am Sculpture-CR 9am Solivita University: <i>Continuing Conversational Spanish</i>-MSA 4pm Solivita University: <i>G Drive</i>-MO 7pm Movie Night-ST CANCELLED</p>	<p>25</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 5pm Game On Club-GTR</p>	<p>26</p> <p>8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10am Solivita University: <i>The Fundamentals of Improv</i>-CR 12:30pm Beginners Calligraphy-MG 1pm Solivita University: <i>Whirlwind Bridge</i>-GTR 5pm Disney Cast Members Chinese New Year Dinner-Oriental Square Rest 7pm Silent Disco Dance-ST</p>
<p>27</p> <p>2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF</p>	<p>28</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 11am Daisy's TX Canasta-VP 1pm ECWC Women's Bible Study-LV 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4pm Solivita University - Literary Lecture: <i>The Rooster Bar</i> by John Grisham-GTR 4pm-7:30pm Curbside Cuisine-FP 5pm Solivita Starliters-ST 6:45pm Ladies Poker-MSA 7pm Trivia-MO</p>	<p>29</p> <p>8am Sol. Jogging-FP 8:30am Newsletter Assembly-ST 8:30am Solivita University: <i>Beginners Conversational Spanish</i>-GTR 9am Introductory Mobile Photography-RSF2 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 5pm Solivita Starliters-ST 5pm SoulaVita Line Dancers-PA</p>	<p>30</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Wellness Lecture: <i>Robotic Knee Surgery</i> with Osceola Regional-RSF2 10am Yarners-MSB 10:45am Solivita University: <i>Beginners Conversational Spanish</i>-MSA 11am Sculpture-CR 2pm Wellness Lecture: <i>Stem Cells</i> with Healthevolution-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:45pm Euchre-MSB 7pm Shalom Club-ST</p>	<p>31</p> <p>9am Sculpture-CR 9am Solivita University: <i>Continuing Conversational Spanish</i>-MSA 4pm Solivita University: <i>G Drive</i>-MO 7pm Movie Night: <i>Mission Impossible: Fallout</i>-ST</p>	<p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p>Room Legend Cont.</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>